

The Crêpe Factory

Light Breakfast:

Choose from Croissant, Baguette,
(both served w honey & butter) OR
Pain au Chocolat, with fresh orange
juice, tea or coffee
£ 5.95

English Breakfast Crêpe:

Crispy bacon, sausage, mushrooms,
tomato, egg (soft or hard?) cheddar
cheese, with baked beans on the side
£ 6.95

Granola with fresh fruits,

Greek yogurt & honey:

Crunchy oats mixed with fruits and nuts,
topped with delicious Greek yogurt and
honey
£ 5.95

Salads

Caesar Salad

Romaine lettuce, croutons, Parmesan
cheese & Caesar dressing

£ 6.00

Optionally with extra chicken

£ 7.90

Salade Niçoise

Tuna, lettuce, anchovies, olives, egg,
potatoes, green beans, cherry tomatoes
& tuna dressing

£ 7.90

Greek Salad

Feta cheese, olives, cucumber, tomatoes,
mixed peppers, basil dressing

£ 6.95

Salade Nordique

Smoked salmon, mixed lettuce, cherry
tomatoes, lightly herbed basil dressing
with a dash of lemon

£ 7.90

Allergies

All crêpes, waffles, ice creams and salads with 'nuts' contain peanuts or other nuts. Since it is impossible to prevent the odd stray nut getting left on cooking plates, we are unable to guarantee to anyone with a serious allergy that there are no peanuts or other nuts. The same goes for other SERIOUS allergies. All our crêpes and waffles are made with eggs and flour - for any minor allergies please state clearly to the cook what ingredients you do not want and check yourself as they are being made.

We accept debit and Credit Cards

Service is Not Included

BON APPETIT!

Savoury Crêpes

As an alternative to white (froment) savoury crêpes, you can choose 'Galette Bretonnes' which are made from dark (Sarrazin) buckwheat flour with its traditional nutty flavor.
Additional cost of £ 0.50p

Vegetarian Crêpes

Cheese only £ 3.80

Garden Crêpe

Green beans, cherry tomatoes, sweetcorn, potatoes, peppers, cheddar cheese

Pesto Crêpe

Pesto, mozzarella, sundried tomatoes, green olives & cheddar. Served with a green side salad

Caprese Crêpe

Cheddar, topped with mozzarella, tomatoes & basil. Served with a green side salad

Four Cheeses

Roquefort, brie, goat & cheddar cheese. Served with a green side salad

Mushrooms

Garlic, cheese with cream and butter

Spinach

Garlic, cheese & cream

Asparagus Spears

In peppered butter cream sauce

Ratatouille and Cheese

(For a slimmer's crepe ask for a Sarrazin flour with no cheese or butter)

Broccoli in Béchamel sauce

Potatoes and cheese

NOTE: For a 'Non-Vegetarian' option all the above can be topped with:

.... Smoked Salmon £ 2.50

.... Pepperoni £ 1.50

.... Chicken £ 1.90

.... Ham £ 1.20

Crepês with Chicken (served with side salad)

Mancara £ 8.95

Chicken, peanut butter, cheddar cheese, onions & olive oil

£ 6.95 **Tandoori** £ 8.95

Chicken in a light tandoori sauce with cheese and ratatouille

£ 6.95 **Pepperoni** £ 8.95

Chicken with pepperoni, mix of peppers, cheddar cheese & mustard dressing

£ 7.95 **Mexicaine Chilli** £ 8.95

Chicken with hot chilli peppers, kidney beans, onions, tomatoes, sweetcorn, cheddar cheese & hot chilli sauce

£ 7.95

Crepês de la Mer (served with side salad)

£ 6.95 **Portuguese** £ 8.95

Salted codfish, onions, garlic, potatoes, cheese, olive oil & cream

£ 6.95 **Fruits de Mer** £ 8.95

Prawns, mussels, squids, clams, cheese & tomato

£ 6.95 **Tuna Mâis** £ 8.95

Tuna, sweetcorn, cream, cheese, black pepper & a dash of lemon juice

£ 6.95 **Norvegienne** £ 8.95

Smoked salmon, new potatoes, basil, cream & cheese

£ 6.95 **Gallois** £ 8.95

Smoked salmon, leek, Roquefort & cheddar

Crepês with Bacon

Tartiflette £ 8.95

Bacon, cheese, new potatoes, raclette cheese, cream, onions & white wine

A la Grecque £ 7.95

Feta cheese, spinach, mushrooms, crispy bacon, egg (soft or hard) & cheddar cheese

Crepês with Ham

Complete £ 6.95

Egg (soft or hard?), new potatoes, ham & cheese

Complete Royal £ 7.95

As above with added ratatouille and fromage de chevre (goat's cheese)

Sweet Crêpes

YOU CAN ORDER OUR BELGIAN CHOCOLATE IN DARK (D) MILK (M) OR WHITE (W)

La Crêpe Suzette

Butter, sugar, Grand Marnier & orange

£ 6.50

Banane et Chocolat

Banana with Belgian Chocolate (D, M, W)

£ 4.95

Strawberry Cream

Fresh strawberries, white Belgian chocolate, cream & Chantilly

£ 6.50

Rhum & Raisin Chocolate

Belgian Chocolate (D, M, W), raisins & rum

£ 6.95

Summer Fruits

Raspberries, blackberries, blackcurrants, redcurrants, strawberries, Belgian Chocolate (D, M, W), cream & Chantilly

£ 6.95

La Belle-Hèlène

Pear slices, Belgian Chocolate (D, M, W) flaked almonds, scoop vanilla ice cream & Chantilly

£ 6.95

Hazelnut Chocolate Cream

Belgian Chocolate (D, M, W), Hazelnut & cream

£ 6.95

Crème de Marrons

Sweet puree of Chestnut with butter and cream

£ 5.95

Maple Crêpe

Banana, walnuts, butter, cream & Canadian Maple syrup

£ 6.95

Add to any **Sweet Crêpes** or **Waffles**

... Crunchy Peanuts

£ 1.00

... Real Canadian Maple Syrup

£ 1.50

... Chantilly Cream

£ 0.80p

... Scoop of Ice Cream

£ 2.50

Waffles

Waffle with icing sugar

£ 3.50

Waffle with Nutella

£ 3.95

Belgian chocolate (D, M, W)

£ 4.75

Waffle with Jam or sauce

£ 3.50

Choice of strawberry or apricot jam, honey or chocolate sauce (dark or white)

Waffle with Strawberry, banana & Chocolat (D, M, W)

£ 5.50

AND SOME SIMPLE CRÊPES:

Butter & Sugar

£ 2.80

Lemon & Sugar

£ 3.20

Belgian Chocolate (D, M, W)

£ 4.50

Nutella

£ 3.75

Confiture

Choice of strawberry, apricot jam or honey

£ 3.50

Sundaes

Banana Split

£ 7.95

Banana, Strawberry, scoop of Vanilla and Chocolate ice cream, Chantilly and garnished with an orange wedge, toffee sauce, chocolate sauce, wafer biscuit and choco sprinkles

Nuts for you

£ 7.95

Pistachio & Hazelnut ice cream topped with hazelnuts, walnuts, peanuts, flaked almonds, coconut flakes, garnished with toffee sauce, choco curls, wafer and Chantilly

Cookie Crazy

£ 7.95

Chocolate & Vanilla ice cream topped with crushed Oreo amarettini, ladyfingers and garnished with chocolate & toffee sauce, choco sprinkles, curls, wafer & Chantilly

Fruits of Love

£ 7.95

Strawberry ice cream, Raspberry sorbet topped with fresh strawberries, raspberries, redcurrants, blackcurrants garnished with strawberry sauce, choco curls, wafer & Chantilly

Gelato & Sorbet

Home made ice creams
& sorbets

1 SCOOP

£ 2.50

2 SCOOPS

£ 3.50

3 SCOOPS

£ 4.50

Drinks

Soft Drinks

Coke	£ 1.80
Diet Coke	£ 1.80
Sprite	£ 1.80
Fanta	£ 1.80
Harrogate Still or Sparkling mineral water	£ 1.50
<u>Glass of juice:</u> Apple, orange, pineapple, cranberry	£ 1.80

Coffees

Hot & Cold Drinks

Note: You can choose skimmed milk if you prefer.

Or Soya Milk	+ 0.30p
Espresso	£ 1.60
Double Espresso	£ 1.90
Black Americano w milk	£ 1.90
Cappuccino	£ 2.20
Mocha	£ 2.35
Latte	£ 2.20
(Flavours choice: Vanilla, Hazelnut, Cinnamon & Caramel)	+ 0.20p
Ice Coffee	£ 3.50
Hot Chocolate	£ 2.40
Glass of Milk	£ 1.20

Teas

English Breakfast, Earl Grey, Peppermint, Camomile, Green	£ 1.80
Fresh Lemon Tea or Fresh Mint Tea	£ 2.25

Fresh Juices

Carrot or Orange or Apple	£ 3.00
Apple & Carrot	£ 3.20
Orange & Apple	£ 3.20
Carrot & Orange	£ 3.20
Add Ginger, celery or spinach	+ 0.60p

Milkshakes

Made with our own Home-Made Ice Cream

Vanilla, chocolate, banana, strawberry	£ 3.95
Cookie / Nutella / or Choco bar (Choice of Bounty, Oreo, Snickers & Twix)	£ 3.95
Extra Chantilly Cream	+ 0.30p

Fresh Smoothies

Beet n Blend Beetroot, raspberry and banana	£ 3.50
Caribbean Breeze Pineapple, Strawberry and coconut	£ 3.50
Green Machine Broccoli, celery, spinach, pineapple and banana	£ 3.50
Mighty Green Apple, pear, kiwi, mint, avocado	£ 3.50
Morning Glory Spinach, mango, pineapple and banana	£ 3.50
Strawberry Split Strawberry and banana	£ 3.50
Tropical Delight Peach, mango and passion fruit	£ 3.50

Beers

Super Bock Draught:	Small (200ml)	£ 1.85
	Large (500ml)	£ 4.45
Heineken:	(330ml)	£ 3.90

Ciders (bottles)

Breton Bolée (330ml) (5%)	£ 4.50
Cidre Brittany (750ml) (4%)	£ 9.95
Rosé Normandy (750ml) (3%)	£ 13.95
Cidre Poire Fermier (750ml) (3%)	£ 11.95

Wines

	(125ml)	(175ml)	(250ml)	(500ml)	(750ml)
Merlot – Protect planet certified, Vegan (Organic) Bright, deep, red wine with purple highlights and aromas of ripe red and black fruits. An elegant tannic structure allied to a long finish	£ 3.50	£ 5.25	£ 6.50	£ 13.50	£ 18.50
Sauvignon Blanc - Protect planet certified (Organic) A pronounced citrus fruit nose, On the palate, a powerful expression of lemon and lime fruit, with richness and a long mineral finish	£ 3.50	£ 5.25	£ 6.50	£ 13.50	£ 18.50
Provence Rosé – Cigales – Vignerons de Roquefort la Bedoule The combination of Grenache, Cinsault and Cadaloc produces a light, smooth wine of a clear, bright colour, just as appetizing	£ 3.70	£ 5.45	£ 6.50	£ 13.65	£ 19.50

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